

## Tentative Schedule for 2013 Arnold Weightlifting Championships

--current as of Feb. 20, 2013; times subject to change--

### SESSION 1: Friday, March 1 - Weigh-in @ 8:00am. Lift @ 10:00am

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Keith Miller	EVC	USA	M - M	1973	85	200	Anne Miller
2	Ron Walker	CWC	USA	M - O	1981	69	200	Chris Cleary
3	Steve Dahmen	WCW	USA	M - M	1971	94	190	Corinne Grotenhuis
4	Don Bisesi	--	USA	M - M	1972	77	185	Joe Pishkula
5	Alan McGrath	--	USA	M - M	1962	105+	183	n/a
6	Clay Reed	TMH	USA	M - M	1960	85	180	Max Aita
7	Tom Chadwell	--	USA	M - O	1990	105	180	Cara Van Dorn
8	Eric Sandkuhl	CWL	USA	M - M	1965	85	175	Chris Feenstra
9	Dennis Vaisberg	LBH	USA	M - O	1981	94	175	Serhiy Skoryk
10	Rick Lipa	PBB	USA	M - M	1973	94	170	Rege Becker
11	John Katsares	CWL	USA	M - M	1972	77	165	Mark Cannella
12	Jason Chen	LBC	USA	M - O	1988	62	160	Jim Rutter
13	Kurtis McFarlane	HRC	USA	M - O	1986	94	150	Josh Galloway
14	Ralph Guglielmi	--	USA	M - M	1958	85	145	n/a
15	John Margolis	CIW	Canada	M - M	1942	85	138	n/a
16	James Mathias	--	USA	M - M	1947	94	125	n/a

### SESSION 2: Friday, March 1 - Weigh-in @ 10:00am. Lift @ 12:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Shannan Wilson	TBB	USA	F - M	1975	69	112	Avery Wittkamp
2	Annabeth Law	614	USA	F - CF	1979	69	110	John Dill
3	Alea Fairchild	PSZ	Belgium	F - M	1964	69	108	n/a
4	Nicole Burda	--	USA	F - O	1985	53	105	Scott Dorn
5	Fern Strahan	CWC	USA	F - M	1969	75+	105	Chris Cleary
6	Amber Strain	FWL	USA	F - O	1985	58	102	Michael Bledsoe
7	Sharon Moran	--	USA	F - M	1977	58	100	Jim Rutter
8	Sayra Lopez	LBC	USA	F - O	1990	48	95	Jim Rutter
9	Jordan Youngblood	LBC	USA	F - O	1988	58	95	Jim Rutter
10	Midori Rutledge	OWW	Canada	F - O	1987	63	95	Bryan Marshall
11	Christina Marusich	WCW	USA	F - M	1975	48	82	Roger Nielsen
12	Amna Al Haddad	--	Unit. Arab Emirates	F - O	1989	53	80	Olivier Lamoureux
13	Valeria Bertoni	LBC	USA	F - O	1990	53	78	n/a
14	Elizabeth Wayne	UBB	USA	F - M	1976	63	77	Max Aita

### SESSION 3: Friday, March 1 - Weigh-in @ 12:00pm. Lift @ 2:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Jordan Houghton	--	USA	M - O	1990	105	220	Derek Fry
2	Tim Trahan	TTX	USA	M - M	1965	94	215	Jason Starks
3	Dan Smith	--	USA	M - M	1975	94	215	Dustin Greene
4	Jon Bafford	CWL	USA	M - M	1970	105+	215	Mark Cannella
5	Robert Sirkis	SBC	USA	M - O	1981	69	210	Richard Flemming
6	Toshiya Nishimura	--	USA	M - O	1987	77	210	Doug Berninger
7	Matt Peitsmeyer	--	USA	M - O	1988	85	203	Derek Fry
8	Mike Zoda	LBC	USA	M - O	1990	69	200	Jim Rutter
9	Robert Kruse	--	USA	M - O	2012	69	200	n/a
10	Doug Berninger	--	USA	M - O	1986	77	200	n/a
11	Aaron Jannetti	CFE	USA	M - CF	1986	77	190	Mark Cannella
12	Martin Wintz	--	USA	M - O	1989	77	180	n/a
13	Andrew Stuart	FWL	USA	M - O	1988	85	180	Michael Bledsoe
14	Keith Connolly	CWC	USA	M - O	1985	56	175	Chris Cleary
15	Ralph Guglielmi	--	USA	M - O	1981	85	170	n/a

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### SESSION 4: Friday, March 1 - Weigh-in @ 2:00pm. Lift @ 4:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Suzanne Leathers	CWT	USA	F - M	1972	63	165	Don McCauley
2	Nicole Lim	CAS	USA	F - O	1986	48	133	Robert Blackwell
3	Tatiana Costa	MBB	USA	F - O	1982	63	130	Jacob Tsyarkin
4	Cara Van Dorn	ECG	USA	F - O	1985	63	130	Ryan Bean
5	Ndiya Nkongho	BTB	USA	F - M	1976	69	130	Robert Kruse
6	Rachel Greengas	LBC	USA	F - O	1982	69	130	Jim Rutter
7	Stephanie Brown	MBC	USA	F - O	1988	58	129	Bo Sandoval
8	Brittany Stevens	CFI	USA	F - CF	1986	58	124	Doug Lane
9	Corinne Grotenhuis	WCW	USA	F - M	1965	58	120	Roger Nielsen
10	Stacy Humphrey	--	USA	F - M	1975	75	120	Marcus Mucheck
11	Kelly Todd	TPL	USA	F - CF	1985	58	118	Fred Lowe
12	Avery Wittkamp	CFN	USA	F - CF	1982	63	118	Brian DeGennaro
13	Kathy Nelson	MWC	USA	F - M	1978	53	116	Daniel Swank
14	Kate Rawlings	CCF	USA	F - CF	1982	63	115	Mark Cannella

### SESSION 5: Friday, March 1 - Weigh-in @ 4:00pm. Lift @ 6:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Stephen Butcher	CFW	USA	M - CF	1987	94	270	Brian Guilmette
2	Dustin Shaffer	CFA	USA	M - CF	1982	105+	270	Dan Bell
3	Jim Rutter	LBC	USA	M - M	1972	94	255	n/a
4	Tim Rollins	CCF	USA	M - CF	1980	105+	253	Brian Laux
5	Francis Kennedy	HOU	USA	M - O	1988	105+	250	Tim Swords
6	Jim Kittle	614	USA	M - CF	1986	105	245	John Dill
7	Chris Feenstra	CWL	USA	M - M	1970	105	245	n/a
8	Andrew Crowley	ECG	USA	M - O	1987	94	240	James Crowley
9	John Dill	OFC	USA	M - M	1972	85	238	Annabeth Law
10	Jon Zajac	ECG	USA	M - O	1990	69	237	Russ McDonnell
11	Joel Quintong	SHU	USA	M - O	1979	105	230	Robert Pietruszka
12	Stephen Galvan	--	USA	M - M	1976	105	230	Ursula Garza
13	Joshua Heitsch	--	USA	M - M	1978	105+	230	n/a
14	Mark Hansbrough	--	USA	M - M	1977	94	220	n/a
15	Mark Solomon	BBC	USA	M - M	1958	105+	218	n/a
16	Kevin Mueller	--	USA	M - M	1973	94	215	n/a

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### SESSION 6: Saturday, March 2 - Weigh-in @ 7:00am. Lift @ 9:00am

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Mark Sicard	CIW	Canada	M - O	1983	105+	267	John Margolis
2	Josh Ireland	UWW	USA	M - O	1986	85	260	n/a
3	Devin Mattson	PRX	USA	M - O	1984	94	260	Mike Carroll
4	David Cho	TTX	USA	M - O	1983	105+	253	Jason Starks
5	Jonas Westbrook	RWC	USA	M - O	1983	77	250	Dennis Reno
6	Brian DeGennaro	--	USA	M - O	1990	77	250	Avery Wittkamp
7	Jon Dawson	RCW	USA	M - O	1992	85	250	Dan Bell
8	Jason Wacker	--	USA	M - O	1990	94	250	Tom DiStasio
9	Greg Russo	MWC	USA	M - O	1985	105	250	Skipp Benzing
10	Michael Bledsoe	FWL	USA	M - O	1981	77	245	Doug Larson
11	Raphael Dozzi	UBB	USA	M - O	1984	94	245	Max Aita
12	Chris Ryan	--	USA	M - O	1982	105	245	n/a
13	Michael Caleyly	PAL	USA	M - M	1978	85	240	Derrick Crass
14	Matthew Lynch	CIW	Canada	M - O	1988	105	240	John Margolis
15	Ben Carter	BGB	USA	M - O	1984	105	240	Kathryn Gresham

### SESSION 7: Saturday, March 2 - Weigh-in @ 9:00am. Lift @ 11:00am

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Emelie Parker	MTB	USA	F - O	1992	75+	160	Benjamin Claridad
2	Samantha Lower	TEW	USA	F - O	1988	58	155	Bob Morris
3	Jo Aita	UBB	USA	F - M	1970	53	146	Jim Schmitz
4	Robin James	SSA	USA	F - O	1981	63	145	Tyson Patrick
5	Kelly Rexroad Williams	COF	USA	F - M	1978	48	141	Zygmunt Smalcerz
6	Samantha Wright	LBC	USA	F - O	1990	53	140	Jim Rutter
7	Veronica Aguila	DPP	USA	F - O	1978	58	140	David Miller
8	Cait Prottas-Finn	ECG	USA	F - O	1985	75+	140	Leo Totten
9	Chelsea Kyle	CWL	USA	F - O	1989	53	135	Mark Cannella
10	Christine Carosi	--	USA	F - O	1984	69	135	Diane Fu
11	Fereshteh Bulsara	CIW	Canada	F - O	1986	53	132	John Margolis
12	Elisha Weckesser	ECG	USA	F - O	1985	75+	130	n/a
13	Amanda Hilton	UBB	USA	F - O	1984	69	120	Max Aita
14	Diana Ceron	--	Colombia	F - O	1985	63	115	n/a
15	Arielle Dyer	ECG	USA	F - O	1991	58	95	Rett Warren

### SESSION 8: Saturday, March 2 - Weigh-in @ 11:00am. Lift @ 1:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Benjamin Claridad	MTB	USA	M - O	1987	105+	300	n/a
2	Andrew Asbell	DMS	USA	M - O	1988	105+	300	Zachary Seward
3	Jeb Smith	BGB	USA	M - O	1984	105+	300	Ben Carter
4	Drew Dillon	CWL	USA	M - O	1985	85	295	Mark Cannella
5	Obinna Nwanna	--	USA	M - O	1988	105	295	n/a
6	Scott Peterson	DYN	USA	M - O	1990	105	290	Bud Charniga
7	Daniel Swank	MWC	USA	M - O	1983	105	290	Greg Russo
8	Anthony Blanksteen	PVW	USA	M - O	1985	105+	285	Brett Valego
9	James Ellis	WCW	USA	M - O	1986	85	280	Angela Sorensen
10	Ian Droze	--	USA	M - O	1987	77	278	Zygmunt Smalcerz
11	Taylor Jakubsen	CEW	USA	M - J	1995	94	271	Kerri Goodrich
12	Leonardo Hernandez	SOL	USA	M - O	1987	77	270	Camilo Garcia
13	Peter Sekalias	SAY	USA	M - O	1987	85	266	James Ellis
14	Jacob Flint	CWC	USA	M - O	1982	85	260	Chris Cleary
15	Michael Szela	MDU	USA	M - O	1986	69	257	Glenn Pendlay

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### SESSION 9: Saturday, March 2 - Weigh-in @ 1:00pm. Lift @ 3:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Heather Smith	CWL	USA	F - O	1988	75+	224	Mark Cannella
2	Neysi Pat. D. Barrera	RIS	Ecuador	F - Y	1998	69	200	Ivan Rojas
3	Jenifer Car. H. Chamorro	RIS	Ecuador	F - J	1994	63	185	Ivan Rojas
4	Katie Hogan	--	USA	F - O	1983	75	185	Max Aita
5	Maegan Snodgrass	PRX	USA	F - O	1989	69	184	Mike Carroll
6	Cecily Basques	MTB	USA	F - O	1992	69	175	Benjamin Claridad
7	Jessica North	MDU	USA	F - O	1987	75	170	Glenn Pendlay
8	Elisabeth Akinwale	--	USA	F - O	1978	75	170	n/a
9	Jaclyn Anne	VGB	USA	F - O	1985	75+	170	Douglas Esposito
10	Erin Garcia	TTX	USA	F - O	1991	75	168	Jason Starks
11	Mary Peck	--	USA	F - O	1990	63	163	Tom DiStasio
12	Leslie Mayville	MBC	USA	F - O	1988	63	163	Bo Sandoval
13	Dara Ching	ECG	USA	F - O	1984	63	163	Rett Warren
14	Angela Sorensen	WCW	USA	F - O	1982	75	160	Roger Nielsen

### SESSION 10: Saturday, March 2 - Weigh-in @ 3:00pm. Lift @ 5:00pm - WORLD/PAN-AM TEAM QUALIFIER

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Shelbie Serpan	HDA	USA	F - O	1992	75+	235	Joaquin Chavez
2	Samantha Zimmerman	GHW	USA	F - O	1987	75	205	Jason Poeth
3	Jocelyn Forest	SCS	USA	F - O	1980	63	187	Kyle Haynes
4	Gwendolyn Sisto	ECR	USA	F - O	1982	63	179	Ivan Rojas
5	Cortney Batchelor	GHW	USA	F - O	1991	58	174	Zygmunt Smalcerz

### SESSION 11: Saturday, March 2 - Weigh-in @ 4:15pm. Lift @ 6:15pm - WORLD/PAN-AM TEAM QUALIFIER

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Shane Maier	WCW	USA	M - O	1984	105+	370	Roger Nielson
2	Cameron Swart	STX	USA	M - O	1988	105+	365	Tim Swords
3	Jonathan North	MDU	USA	M - O	1986	94	345	Glenn Pendlay
4	Kevin Cornell	PBB	USA	M - O	1988	105	340	Rege Becker
5	Spencer Moorman	CAS	USA	M - O	1991	105	340	Glenn Pendlay
6	Travis Cooper	MDU	USA	M - O	1988	85	330	Glenn Pendlay
7	Colin Burns	MBC	USA	M - O	1983	85	318	Bo Sandoval
8	Mike Cerbus	PEN	USA	M - O	1986	77	300	Lou Demarco
9	James Tatum	MDU	USA	M - O	1989	77	280	Glenn Pendlay

### SESSION 12: Saturday, March 2 - Weigh-in @ 6:15pm. Lift @ 8:15pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	George Kobaladze	GDM	Canada	M - O	1976	105+	385	Ben Turner
2	Carlos Andica	RIS	Colombia	M - O	1983	85	340	Ivan Rojas
3	Yasha Kahn	BWL	USA	M - O	1984	105	331	Nikita Durnev
4	Tom Sroka	MDU	USA	M - O	1986	105+	330	Glenn Pendlay
5	Kaleb Whitby	MDU	USA	M - O	1987	105	320	Glenn Pendlay
6	Jared Enderton	--	USA	M - O	1988	94	320	Billy Bybee
7	Michael Kreatsoulas	PEN	USA	M - O	1988	105	315	Lou Demarco
8	Muhammad Begaliev	--	UZB	M - O	1992	85	310	Mike Graber
9	Robert Blackwell	CAS	USA	M - O	1990	85	300	n/a
10	Darryl Conrad	HRC	Canada	M - O	1984	85	295	Joe Landreville
11	Diego Salazar	RIS	Colombia	M - O	1980	69	290	Ivan Rojas
12	Adam Beytin	ECG	USA	M - O	1982	77	287	Leo Totten
13	Chris Gute	MDU	USA	M - O	1991	77	280	Glenn Pendlay
14	Bryan Marshall	OWW	Canada	M - O	1984	85	280	n/a

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### SESSION 13: Sunday, March 3 - Weigh-in @ 8:00am. Lift @ 10:00am

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Laszlo Racz	--	Hungary	M - Y	1998	105	245	Todd Baden
2	Ryan Sennett	HRC	USA	M - Y	1997	105+	240	Mike Paquette
3	John Stein	LCG	USA	M - O	1989	77	240	Dave Peterson
4	Benyamin Williams	CWC	USA	M - O	1981	94	240	Chris Cleary
5	Tyson Patrick	--	USA	M - O	1986	85	235	n/a
6	Josh Galloway	HRC	USA	M - O	2003	85	235	Mike Paquette
7	Zachary Seward	DMS	USA	M - O	1987	94	230	Brian Lalor
8	Justin Eicholtz	PRX	USA	M - O	1987	77	226	Mike Carroll
9	Jacob Ceccarelli	MBC	USA	M - O	1985	77	225	Bo Sandoval
10	Anthony Colarusso	RCW	USA	M - O	1987	77	220	Dan Bell
11	Isaac LaRonge	MWC	USA	M - O	1992	94	220	n/a
12	Anthony Hernandez	--	USA	M - O	1977	56	210	n/a
13	Mike Rattan	ECG	USA	M - O	1990	85	210	n/a
14	Alex Maclin	FWL	USA	M - O	1986	77	206	Doug Larson
15	Kristopher Koehne	DMS	USA	M - O	1987	69	205	Zachary Seward
16	Patrick Griffin	--	USA	M - O	1983	94	200	Diane Fu

### SESSION 14: Sunday, March 3 - Weigh-in @ 10:00am. Lift @ 12:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Adrianna Hanebrink	CEW	USA	F - Y	1996	63	132	Kerri Goodrich
2	Abigail Navato	DMS	USA	F - O	1987	53	128	Brian Lalor
3	Ruby Haman	CWL	USA	F - Y	1999	58	125	Rachel Crass
4	Renee Lawton	LBC	USA	F - O	1987	69	125	Jim Rutter
5	Dara May	NSC	USA	F - O	1981	58	123	n/a
6	Gina Guide	WCW	USA	F - O	1985	48	120	Roger Nielsen
7	Sarah Gleason	LBC	USA	F - O	1992	63	110	Jim Rutter
8	Sewar AbuNuwar	PBB	USA	F - O	1989	75	110	Rege Becker
9	Camile Caskey	CHW	USA	F - Y	1998	53	100	Marty Schnorf
10	Courtney German	ECG	USA	F - Y	1999	48	90	Russ McDonnell
11	Brittany Shandor	HRC	USA	F - J	1995	53	90	Mike Paquette
12	Brittanie Masticola	BFS	USA	F - J	1994	63	84	Kim Goss
13	Riley Parish	CHW	USA	F - O	1992	58	80	Marty Schnorf
14	Morghan Caskey	CHW	USA	F - Y	2000	48	70	Marty Schnorf
15	Samantha Watkins	--	USA	F - Y	2001	48	66	Dave Polzin
16	Gwendolyn Rojas	ECR	USA	F - Y	2003	44	63	Ivan Rojas

### SESSION 15: Sunday, March 3 - Weigh-in @ 12:00pm. Lift @ 2:00pm

	Athlete Name	Club	Country	Cat.	YOB	Class	Total	Event Coach
1	Nathan Sewell	CHW	USA	M - Y	1998	62	190	Marty Schnorf
2	Shae Watkins	--	USA	M - Y	1997	77	160	Dave Polzin
3	Jett Nye	CWL	USA	M - Y	1996	85	160	Mark Cannella
4	Tyler Maizels	ECG	USA	M - Y	1998	56	157	Patrick Maizels
5	Arian Adorna	JCF	USA	M - Y	1996	62	150	Ariel Adorna
6	Kevin Myers	CHW	USA	M - Y	1997	62	135	Marty Schnorf
7	Bret Pfeiffer	CHW	USA	M - Y	1999	56	122	Troy Pfeiffer
8	Adam Kiwior	HRC	USA	M - Y	1996	105+	120	Mike Paquette
9	Erik Strahan	CWC	USA	M - Y	1998	77	117	Chris Cleary
10	David Stevens	BBC	USA	M - Y	1999	69	90	Mark Soloman
11	Terry Ruberson, Jr.	CEW	USA	M - Y	2001	56	85	Kerri Goodrich
12	Dmitry Kurochkin	--	USA	M - Y	2002	56	77	Oleg Kechko
13	Kade Bafford	CWL	USA	M - Y	2002	56	60	Mark Cannella
14	Kyle Holman	OFC	USA	M - Y	2000	56	50	John Dill
15	Brixton Maizels	ECG	USA	M - Y	2006	56	35	Patrick Maizels
16	Christopher Stevens	BBC	USA	M - Y	2003	56	30	Mark Soloman